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**An Application of the Krein-Milman Theorem to Bernstein and Markov  
Inequalities**

Given a trinomial of the form  $p(x) = ax^m + bx^n + c$  with  $a, b, c \in \mathbb{R}$ , we obtain, explicitly, the best possible constant  $\mathcal{M}_{m,n}(x)$  in the inequality

$$|p'(x)| \leq \mathcal{M}_{m,n}(x) \cdot \|p\|,$$

where  $x \in [-1, 1]$  is fixed and  $\|p\|$  is the sup norm of  $p$  over  $[-1, 1]$ . This answers a question to an old problem, first studied by Markov, for a large family of trinomials. We obtain the mappings  $\mathcal{M}_{m,n}(x)$  by means of classical convex analysis techniques, in particular, using the Krein-Milman approach.

**Keywords:** Bernstein and Markov inequalities, trinomials, extreme points.

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