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**A Non-Linear Extremal Problem on the Hardy Space**

CMFT 9 No.2 (2009), 485–524. [ISSN 1617-9447]

**Abstract.** We relate some classical extremal problems on the Hardy space to norms of truncated Toeplitz operators and complex symmetric operators.

**Keywords.** Extremal problem, truncated Toeplitz operator, Toeplitz operator, Clark operator, Aleksandrov-Clark measure, reproducing kernel, complex symmetric operator, conjugation.

**2000 MSC.** 47A05, 47B35, 47B99.

**Received.** October 26, 2008, in revised form December 7, 2008.

**Published online.** February 8, 2009.